



SWAGGERU  
BE + PERFORM + LIVE

# MY SWAGGER COMMITMENT STATEMENT

*Congratulations on making this commitment to yourself!*

- I commit to choosing patience daily. I recognize that claiming my SWAGGER takes time.
- I commit to making time to practice daily, to strengthen and reinforce new behaviors.
- I commit to having perseverance, to staying the course no matter how long it takes or how difficult it becomes.

**SIGNATURE**

**DATE**