



Activity: Discovering Your Greatest Hits

Time: 30 minutes

It's time to discover the potential you were born with, your greatest hits, your unique talents. Are you excited? You should be. This information will unlock a whole new world for you, a whole new understanding of who you are and how you show up.

Step 1

Go to swaggeru.com/my_swagger and click on the ***Finding My Talents*** resource. The link provided will take you to the CliftonStrengths® online talent assessment.

You have two options. Option one: to uncover your top 5 talents. Option Two: discover your complete list of 34 talents. The choice is yours.

Review the options and benefits of the two reports and determine what suits you best. Both assessments will provide insight into what makes you unique, and how to start using your talents to build strengths and your SWAGGER superpowers.

Step 2

Make sure to set aside about thirty minutes to an hour of uninterrupted time to complete the assessment. Yes, I mean uninterrupted time. The assessment is the same regardless of what reporting option you choose. You'll be responding to 177 paired statements and determining which ones fit you best. The assessment is timed, and you can't go back to revisit a previous answer. Go with your first instincts. Don't second guess yourself. This is about you and what makes you unique. There are no wrong answers, just your answers. When you're ready with your uninterrupted time and in a quiet place where you can think, take the assessment.

IMPORTANT MESSAGE: This content is intended to provide useful information on the subject of personal development. It is for informational and educational purposes only and is not intended and should not be used as a substitute for professional medical, psychological, financial, legal, or other advice, diagnosis, or treatment. The author is not diagnosing conditions or offering medical or mental health advice. The information provided here is NOT intended to be used for self-diagnosis or treatment. If you feel you require immediate help, please contact the appropriate authorities, medical providers, and/or crisis intervention service providers in your local area for immediate assistance.



Step 3

Review your results. Read through your customized reports and be prepared to be amazed. If you are like any of the people I've worked with, you'll be asking: "How did they do that? How do they know me so well?" To answer your questions, it's because Gallup has assessed over 25 million people, so they have this down to a science, literally. Additionally, you were the one who responded to the statements. So it's you that knows you so well. Gallup has simply compiled your responses into a narrative that helps you make sense of your unique talents.

IMPORTANT MESSAGE: This content is intended to provide useful information on the subject of personal development. It is for informational and educational purposes only and is not intended and should not be used as a substitute for professional medical, psychological, financial, legal, or other advice, diagnosis, or treatment. The author is not diagnosing conditions or offering medical or mental health advice. The information provided here is NOT intended to be used for self-diagnosis or treatment. If you feel you require immediate help, please contact the appropriate authorities, medical providers, and/or crisis intervention service providers in your local area for immediate assistance.